

HELP SAVE A LIFE.

Don't miss these **FREE** training opportunities!

 December 4, 2025

 5:30 p.m. – 7:00 p.m.

 **Camp Cochipianee**
291 Beach St, Goshen, CT 06756



Attend both training sessions or pick one.

→ **QPR GATEKEEPER**
Suicide Prevention | 5:30 p.m. – 6:30 p.m.

Presented by the McCall Behavioral Health Network.

QPR stands for Question, Persuade, and Refer — three simple steps anyone can learn to help save a life from suicide. As a QPR-trained Gatekeeper, you'll learn to recognize the warning signs of suicide, how to offer hope, and how to refer someone to resources in the community to help save a life. QPR is a nationally recognized, evidence-based training that grants participants certification considered active for three years.

→ **NALOXONE ADMINISTRATION**
Overdose Prevention | 6:30 p.m. – 7:00 p.m.

Presented by Greenwoods Counseling & Referrals.

Attendees will receive a FREE naloxone kit with two 4-ML doses of naloxone.

Topics that will be discussed:

- Overdose prevention strategies
- Signs and symptoms of an overdose
- A brief history of opioid waves
- How to administer naloxone
- Local resources and support
- Current protective legislation



SCAN ME

Interested in registering for either or both trainings?
[Click here](#) or scan the QR Code.