



Healthy Kids Make Better Learners

The Connecticut Association
of School Based Health Centers

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Creating Resilient Youth with Healthy Futures in Connecticut

School based health centers provide essential medical, behavioral, and oral health services to students -- where they spend over 25% of their day - by improving health outcomes for children and adolescents. On May 13th, 2016 the Connecticut Association of School Based Health Centers will be holding its seventh annual conference entitled *Fostering Resilient Youth: Creating a Blueprint for a Healthy Future*. The conference will be held at the beautiful and recently renovated Heritage Hotel and Conference Center in Southbury, CT.

Connecticut Department of Public Health Commissioner Dr. Raul Pino will provide an introduction to begin the day, followed by keynote speaker Dr. Marc Brackett, Director of the Yale Center for Emotional Intelligence. Dr. Brackett will be presenting on Emotional Intelligence in the School Setting and will share the results of a large-scale survey - conducted in collaboration with Lady Gaga's Born This Way Foundation - that explored the emotional lives of our nation's teens, from how they currently feel to how they hope to feel in school. Two school based health center champions will be awarded during a lunchtime ceremony at the event to honor those who have made a difference in children's health in Connecticut.

CASBHC has designed a customized agenda to meet the changing needs of health care professionals who serve children and adolescents in Connecticut. This conference is an opportunity to learn more about school based health centers and earn continued education units from the National Association of Social Workers - CT Chapter and the Connecticut Nurses' Association. Breakout sessions include behavioral and medical topics on suicide survivorship, cultural competency, HPV, opioid dependency, and concussion care management. Training sessions are also offered on reproductive health, asthma, and behavioral health project ECHO. This year's conference features a unique breakout session on addressing the behavioral and medical needs of transgender youth in school.

The Connecticut Association of School Based Health Centers is an advocacy and networking organization committed to increasing access to quality health care for all children and adolescents in Connecticut schools.

For more information and to register for the event *Fostering Resilient Youth: Creating a Blueprint for a Healthy Future* visit www.ctschoolhealth.org.

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