I was first introduced to the School Based Health Center when I was a freshman in high school.



I fell in love with the SBHC because of its convenience, quality of care, and great staff.

I had a primary care doctor at the time, but it was almost impossible to get in touch with her.

The SBHC made it easy for me schedule an annual physical, and address urgent health issues right in school.

The staff was very friendly, professional, and informative, which made it easy to trust them.

My experience with the SBHC sparked my interest in the profession of nursing.

I am completing my last year in Southern Connecticut State University's nursing program.

My goal is to open a clinic similar to the SBHC I used in high school, or work at an SBHC as a nurse practitioner.

The SBHC is a great resource for adolescents to come to for medical and mental health attention and I would recommend students take advantage of this clinic as much as I did.