

I am an 8th grader who has been using the School Based Health Center since I was in 6th grade.

The SBHC has helped me to improve my grades and control my temper. I currently see the SBHC Social Worker once a week for support with family and school issues.

I also attend two groups per week for academic support and anger management.

The SBHC has helped me when I've been sick and injured.

I've used the health center when I've had a cold, a headache, or other medical situations.

They treated me last year when I stepped on a nail.

I had my teeth cleaned at school through the mobile dental program.

The SBHC is great because they support me, and help me to make better choices.



As a result, I feel like I'm more successful in school.

