

SCHOOL BASED HEALTH CENTERS KEEP **STUDENTS** *healthy!*



**Katie and
Jasmine
almost lost
their
friendship.**

Katie struggled with the death of her father. Jasmine battled extreme anxiety. Their School Based Health Center in Connecticut gave them the skills to defeat their symptoms.

- ✓ Their SBHC offered a safe environment to express sadness, worry, hopelessness, and anger -- and kept them in school -- healthy and learning
- ✓ Emergency Room visits for mental health issues are high cost, fragmented care -- **SBHCs save the state money by intervening early**
- ✓ SBHCs improve academic performance, increase attendance, and reduce dropout rates.

HEALTHY KIDS MAKE BETTER LEARNERS



Connecticut Association of School Based Health Centers

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